



## SESSION SPOTLIGHT

**The importance of proper diagnoses in the relationship between mental health and medical diagnoses.**

### **Navigating the complex interplay between mental health and medical diagnoses.**

**Tuesday Oct 8, 2024**

This program will provide insights into the importance of proper diagnoses in the complex relationship between mental health and medical diagnoses. We will explore the economic burden of mental health conditions, the association of depression and anxiety with medical symptoms, interventions for depression in patients with chronic medical illness, strategies for managing depression, and the integration of medical and psychiatric care for patients with serious mental illness.

For nearly three decades, Dr. James Flowers has been one of the most recognized and respected names in the field of chronic pain, addiction, and pain recovery. With his broad educational background and extensive experience in evaluating and treating mental health, chronic pain, and co-occurring addiction, he is recognized as an expert in his field.

#### **Learning Objectives:**

- Attendees will understand the challenges and importance of addressing the complex interplay between mental health and medical diagnoses in a comprehensive healthcare setting by learning four techniques that can be implemented in current programs in which they are involved.
- Attendees will learn about seven real-life complex case studies illustrating the intertwined nature of mental health and medical

conditions for integrated diagnosis and treatment after a misdiagnosis was given.

- Attendees will take away five examples of collaborative approaches involving healthcare professionals from both mental health and medical fields in providing holistic care for patients.
- Attendees will review six evidence-based strategies and tools for diagnosing and treating patients with comorbid mental health and medical conditions.
- Attendees will analyze the outcomes and benefits of utilizing a comprehensive, collaborative, evidence-based approach in managing patients with dual mental health and medical diagnosis in seven real life case studies.



[Read more about James](#)

## Dr. James Flowers

Dr. James Flowers is a recognized and respected name in the field of chronic pain, addiction, and pain recovery. He has developed mental health, pain, and addiction recovery programs for some of the country's best-known healthcare and addiction treatment centers. He directed medical and clinical programs integrating evaluation, diagnosis, and healthcare planning with treatment to promote successful recovery.

He co-founded several well-known, exclusive treatment programs throughout the US, dedicated to his passion – that of designing multidisciplinary mental health and addiction treatment with medical and clinical protocols – to help individuals suffering from mental health, addiction, chronic pain, and other underlying disorders, successfully recover. With a demonstrated commitment to creating positive change in the lives of his clients, he is dedicated to progressive healthcare, human healing, and developing healthcare systems that best serve this population.

Dr. Flowers has been executing the protocol for assessments and evaluations for many years. Still, in founding J. Flowers Health Institute, he has advanced the process to satisfy a great void – to provide truly comprehensive assessment and evaluation for those who need a diagnosis and develop post-evaluation treatment recommendations. Having spent over 28 years in the medical and clinical community, Dr.

Flowers is uniquely qualified to assemble some of the finest health care professionals in the world to perform these evaluations and provide treatment.

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